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## Greetings, Fellow Debtor!

Welcome to the September 2024 SoCal DA Newsletter. Fall is here! As we sprint to the end of the year, we stay grounded in our recovery and rely on the experience, strength, and hope of others. Lots of exciting news to share in this month's newsletter.

As always, please encourage your fellow debtors at meetings to subscribe, and contact the Intergroup or your meetings' IGR with any questions.

You can also print out this newsletter to provide at the literature table at in person meetings. This month's newsletter as well as last month's will soon be available for download at <https://socalda.org/checks-balances/>.

## News this Month

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## We Want Your Recovery Voice

We are once again calling for diverse voices to share stories of their recovery from our fellowship. Contact [publicinfo@socalda.org](mailto:publicinfo@socalda.org) to share your stories and ask any questions.



# Your Recovery Voices Matter!

(BIPOC, LGBTQ+, indigenous people, immigrants, people with physical and intellectual disabilities, diverse religious/spiritual backgrounds, etc.)



## Diversity and Representation

SCDA is seeking stories written by debtors of diverse backgrounds that uplift and better represent our experience, strength and hope across the fellowship.

## Relatable/Empowering Stories

SCDA is looking for diverse stories that are relatable and empowering. Your recovery provides support to our new and existing DA/BDA members that often don't see themselves represented in these spaces.



## DA Recovery Story Submissions

Written submissions of your recovery story are needed to continue making inclusive features in our future Checks and Balances publications and/or to be highlighted on the SCDA website ([www.socalda.org](http://www.socalda.org).)

## Submission Information and Details

Submissions should be between 500-1,500 words. Send your recovery story submission via email to [publicinfo@socalda.org](mailto:publicinfo@socalda.org). Your work will be carefully reviewed and considered by a representative(s) of the subcommittee. You will be notified via email if your submission is selected. Please allow 3-4 weeks for us to review all submissions. We are also looking for DA members of diverse backgrounds to review the submissions prior to publication.

***We wish you a thriving recovery on this journey!***

*"Whatever your story, you are welcome in Debtors Anonymous. In D.A., we celebrate the rich, diverse experiences of people of all identities. We embrace members of any race, ethnicity, nationality, gender, sexual orientation, age, physical or mental ability, socioeconomic status, religious, spiritual, or philosophical expression, or any other trait. Our various experiences benefit our recovery, so we encourage all members to value differences and actively participate in making D.A. an inclusive fellowship. Together, we create accessible and welcoming spaces for anyone with the desire to stop incurring debt, so that we may all recover one day at a time."*

**- Inclusivity Statement, 2022 Debtors Anonymous Manual of Service**

# Upcoming Workshops

Please see the below flyers for workshops coming up in September and October. You can find links and a complete workshop calendar information at <https://socalda.org/category/calendar/>.

**SOCALDA *Workshops* Presents:**

# ***“Business Plans the DA WAY”***

***Presenter: Panel of Experienced and Successful BDA fellows***

***Hosted by: Anne Marie***

***Open to the world community via Zoom***

**Saturday, September 28, 2024**

**1:00 pm - 3pm.**

**(Pacific Time Zone)**

***Register now using this link: <https://forms.gle/Hfk4V8AQyZaJtWn26>***

**Workshop Using The Steps**

- Come together to not do it alone.
- Hear from BDA fellows how they developed their business plans -Dos and Don'ts the DA Way
- Break out Groups on getting started writing your business plan
- Get questions answered about your business plans.
- Review and answer questions DA Business Plan Flyer
- Register now! Space is limited to the first 500 people.
- Honor yourself and your recovery by arriving early and staying until the end.

***Register now using this link: <https://forms.gle/Hfk4V8AQyZaJtWn26>***

**Suggested Donation: \$12**

No one turned away for lack of funds.

Brought to you by [LAWorkshops@SoCalDA.org](mailto:LAWorkshops@SoCalDA.org)

## SCDA Workshop

### **CASH FLOW TRACKING WORKSHOP**

#### *Spending Plan 201*

*How to spend with serenity and clarity  
every day of the month*

**Saturday October 26<sup>th</sup>, 2024**

*Registration 12:45 pm*

*Workshop 1:00 – 3:00 pm*

**Presenters: Jeff H. and Pat M.**

*Register now using this link: <https://forms.gle/sbuZ7Ddy5nCVftDz5>*

Some debtors and underearners suffer from an illusion of scarcity that results from vagueness. Worrying that you'll run out of money before the end of the month is really stressful. This workshop will help you spend from clarity and serenity.

Spending plans are great – but **they aren't designed to tell you how much cash you have available today** for groceries, fun, gas, and other frequently recurring expenses.

In this workshop you'll learn how to use excel to see your "current cash position" with clarity -- whether today is the 1<sup>st</sup> day of the month -- or the 21<sup>st</sup> -- or the 31<sup>st</sup>

#### **You'll get the most out of this workshop if you:**

- Know how to use formulas in excel
- Have a google-enabled email account
- Have a spending plan
- Have three months or more of expenses records
- Use a laptop or a desktop computer (handheld screens are too small)

*Register now using this link: <https://forms.gle/sbuZ7Ddy5nCVftDz5>*

Suggested Donation: \$12

No one turned away for lack of funds.

Brought to you by the So Cal DA LA Workshop Chair Anne Marie D. [events@SoCalDA.org](mailto:events@SoCalDA.org)

This workshop located on :

**ZOOM**



## Open Position: SoCalDA Intergroup Workshop Chair

The SoCalDA Intergroup has an open position for a second workshop chair. Let us know if you're interested in the service commitment or would like more information.

You can reply to this email or contact the SoCalDA Intergroup Chair Sally:  
[sunnysal56@yahoo.com](mailto:sunnysal56@yahoo.com)

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## Ongoing Events



## **Numbers Day Gathering: A DA Study Hall!**

Let's come together on Zoom for one hour every Sunday and work on our numbers, spending plans, business plans, decluttering, visions, or whatever you'd like to do!

**NEW MEETING!**

**Sundays 7pm-8pm Pacific Time on Zoom**

**Meeting ID: 427 525 9640**

**Passcode: 122663**

**Contact Lynda @ 323-683-2053 / Lyndarosela@aol.com**





## Update Your Meeting's Zoom Link

In order to be most of service to fellows and newcomers, we want to make sure your virtual meeting's Zoom link is fully up to date on our website. If you notice any inaccuracies in our [meeting list](#), please contact SoCalDA's meetings liason Cathy D at [catdale5@gmail.com](mailto:catdale5@gmail.com)

## SoCalDA Virtual Visions Retreat



**SAVE THE DATE!**

**Southern California Debtors Anonymous  
Presents  
The Visions Retreat Fundraiser**

**November 22 – 24, 2024**

**Via Zoom**

**More will be revealed!!!**

**Contact information:**

**Kathy H (310) 418-1078 or [events@socalda.org](mailto:events@socalda.org)**





Have a story you'd like to share? Art related to your recovery? Cartoons, jokes, prayers?  
We welcome your submissions for future newsletters!

Submit

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## Need help from the SoCalDA Intergroup?

You can always contact your meeting's Intergroup rep. If you'd like to communicate with a member of the service board, you can visit our website: <https://socalda.org/contacts/>

**With Love and Gratitude**

**-Ethan**

**Publications Chair**

**[publications@socalda.org](mailto:publications@socalda.org)**

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Debtors Anonymous World Service Announcements

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