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Greetings, Fellow Debtor!

Welcome to the October 2024 SoCal DA Newsletter. With the holidays on the horizon, this can be a very stressful time of year for debtors. Know that our fellowsip is here for you, and we have so many tools, resources, and serenity to offer you. First and foremost in our exciting visions retreat coming up in November! Information is included below, and you'll be hearing more about it in the coming month.

As always, please encourage your fellow debtors at meetings to subscribe, and contact the Intergroup or your meetings' IGR with any questions.

You can also print out this newsletter to provide at the literature table at in person meetings. This month's newsletter as well as last month's will soon be available for download at <https://socalda.org/checks-balances/>.

News this Month

SoCalDA Virtual Visions Retreat



It's not too late for Visions in the fall
and the upcoming New Year!!

on Nov 22-24, 2024

via Zoom

\$40.00 for the weekend

We hope to see you there!!

For more information, contact Kathy H
at events@socalda.org or text (310) 418-1078

Payment via Paypal at socalda.org

Please email your receipt to receive Zoom info

We Want Your Recovery Voice

We are once again calling for for diverse voices to share stories of their recovery from our fellowship. Contact publicinfo@socalda.org to share your stories and ask any questions.



Your Recovery Voices Matter!

(BIPOC, LGBTQ+, indigenous people, immigrants, people with physical and intellectual disabilities, diverse religious/spiritual backgrounds, etc.)



Diversity and Representation

SCDA is seeking stories written by debtors of diverse backgrounds that uplift and better represent our experience, strength and hope across the fellowship.

Relatable/Empowering Stories

SCDA is looking for diverse stories that are relatable and empowering. Your recovery provides support to our new and existing DA/BDA members that often don't see themselves represented in these spaces.



DA Recovery Story Submissions

Written submissions of your recovery story are needed to continue making inclusive features in our future Checks and Balances publications and/or to be highlighted on the SCDA website (www.socalda.org).

Submission Information and Details

Submissions should be between 500-1,500 words. Send your recovery story submission via email to publicinfo@socalda.org. Your work will be carefully reviewed and considered by a representative(s) of the subcommittee. You will be notified via email if your submission is selected. Please allow 3-4 weeks for us to review all submissions. We are also looking for DA members of diverse backgrounds to review the submissions prior to publication.

We wish you a thriving recovery on this journey!

"Whatever your story, you are welcome in Debtors Anonymous. In D.A., we celebrate the rich, diverse experiences of people of all identities. We embrace members of any race, ethnicity, nationality, gender, sexual orientation, age, physical or mental ability, socioeconomic status, religious, spiritual, or philosophical expression, or any other trait. Our various experiences benefit our recovery, so we encourage all members to value differences and actively participate in making D.A. an inclusive fellowship. Together, we create accessible and welcoming spaces for anyone with the desire to stop incurring debt, so that we may all recover one day at a time."

- Inclusivity Statement, 2022 Debtors Anonymous Manual of Service

Upcoming Workshops

Please see the below flyers for workshops coming up in September and October. You can find links and a complete workshop calendar information at

<https://socialda.org/workshops/>

Spending Plan 101

Sunday October 26, 2024

11-12:30 p.m. PT

This workshop is for the beginner. If you are just starting out in DA or if you're just starting to keep your numbers. Come one come all - get a refresher of the categories.

<https://forms.gle/vDiEWoCF9pyxa2SCA> (<https://forms.gle/vDiEWoCF9pyxa2SCA>)

SCDA Workshop

CASH FLOW TRACKING WORKSHOP

Spending Plan 201

*How to spend with serenity and clarity
every day of the month*

Saturday October 26th, 2024

Registration 12:45 pm

Workshop 1:00 – 3:00 pm

Presenters: Jeff H. and Pat M.

Register now using this link: <https://forms.gle/sbuZ7Ddy5nCVftDz5>

Some debtors and underearners suffer from an illusion of scarcity that results from vagueness. Worrying that you'll run out of money before the end of the month is really stressful. This workshop will help you spend from clarity and serenity.

Spending plans are great – but **they aren't designed to tell you how much cash you have available today** for groceries, fun, gas, and other frequently recurring expenses.

In this workshop you'll learn how to use excel to see your "current cash position" with clarity -- whether today is the 1st day of the month -- or the 21st -- or the 31st

You'll get the most out of this workshop if you:

- Know how to use formulas in excel
- Have a google-enabled email account
- Have a spending plan
- Have three months or more of expenses records
- Use a laptop or a desktop computer (handheld screens are too small)

Register now using this link: <https://forms.gle/sbuZ7Ddy5nCVftDz5>

Suggested Donation: \$12

No one turned away for lack of funds.

Brought to you by the So Cal DA LA Workshop Chair Anne Marie D. events@SoCalDA.org

This workshop located on :

ZOOM



Open Position: SoCalDA Intergroup Workshop Chair

The SoCalDA Intergroup has an open position for a second workshop chair. Let us know if you're interested in the service commitment or would like more information.

You can reply to this email or contact the SoCalDA Intergroup Chair Sally:
sunnysal56@yahoo.com

Ongoing Events



Numbers Day Gathering: A DA Study Hall!

Let's come together on Zoom for one hour every Sunday and work on our numbers, spending plans, business plans, decluttering, visions, or whatever you'd like to do!

NEW MEETING!

Sundays 7pm-8pm Pacific Time on Zoom

Meeting ID: 427 525 9640

Passcode: 122663

Contact Lynda @ 323-683-2053 / Lyndarosela@aol.com





Attention SCDA Intergroup Reps!

Please note SCDA Intergroup Meetings are held the 3rd Saturday of the month. Zoom meeting number and password are sent out with the monthly reminders.

If you are new to Intergroup or not sure if you are on the SCDA Meeting Liaisons List Please contact Cathy D. At meetings@socalda.org

Bylaws Revision Meeting



SCDA Bylaws Revision Meeting

Come and be of service to SCDA Intergroup by revising its Bylaws! Attend the SCDA Bylaws Revision Meeting – all members of SCDA regardless of time in the program are welcome!

**Saturday, November 2, 2024
2:00 PM – 3:00 PM Pacific Time**

**Access to Bylaws on SCDA Website:
<https://socalda.org/bylaws/>**

**One tap mobile
+16694449171,,4275259640#,,,,*122663#
US
+16699009128,,4275259640#,,,,*122663#
US (San Jose)**

Zoom Info:

**Meeting ID: 427 525 9640
Passcode: 122663**

**One tap mobile
+16694449171,,4275259640#,,,,*122
663# US
+16699009128,,4275259640#,,,,*122
663# US (San Jose)**

**Dial by your location
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+1 669 900 9128 US (San Jose)
+1 346 248 7799 US (Houston)
+1 719 359 4580 US
+1 253 215 8782 US (Tacoma)
+1 646 931 3860 US
+1 301 715 8592 US (Washington DC)
+1 309 205 3325 US
+1 312 626 6799 US (Chicago)
+1 386 347 5053 US
+1 564 217 2000 US
+1 646 558 8656 US (New York)
Meeting ID: 427 525 9640
Passcode: 122663**



Have a story you'd like to share? Art related to your recovery? Cartoons, jokes, prayers?
We welcome your submissions for future newsletters!

Submit

Need help from the SoCalDA Intergroup?

You can always contact your meeting's Intergroup rep. If you'd like to communicate with a member of the service board, you can visit our website: <https://socalda.org/contacts/>

With Love and Gratitude

-Ethan

Publications Chair

publications@socalda.org

Donate to SoCalDA

Donate to SoCalIDA GSR Regional Area Group (RAG)

Debtors Anonymous World Service Announcements

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