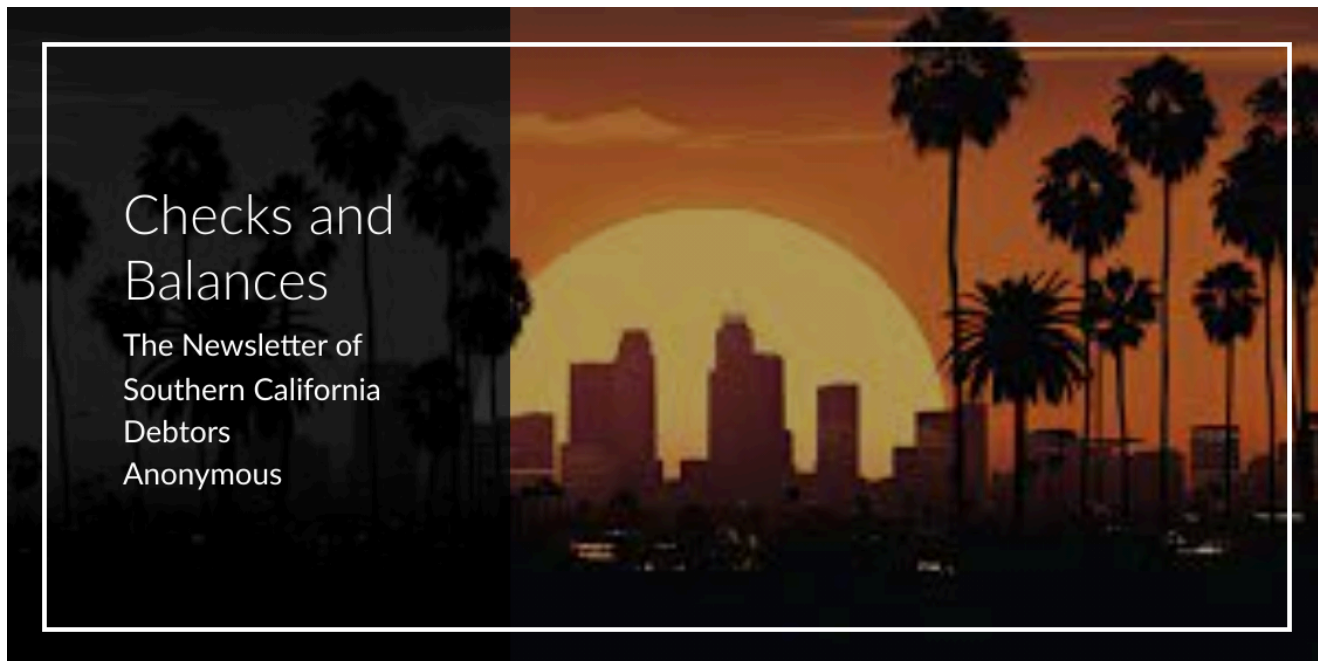


[View this email in your browser](#)



## Checks and Balances

The Newsletter of  
Southern California  
Debtors  
Anonymous

## Greetings, Fellow Debtor!

Welcome to the July 2024 SoCal DA Newsletter. Hope your summer is going swimmingly, and you can remain solvent, sober during travel season. As always, please encourage your fellow debtors at meetings to subscribe, and contact the Intergroup with any questions.

For in-person meetings, please print this email and share it at the literature table, or download at <https://socalda.org/checks-balances/>.

## News this Month

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### “The DA Tools Game”

Presenter: Chris M.

Hosted by: Kathy H.

Open to the world community via Zoom on:

**Saturday, July 27th, 2024**

**11:00am - 3pm.**

**(Pacific Time Zone)**

**Register now using this link:** <https://forms.gle/ABycX2TgAbzeBT3b6>

- This is a fun, recovery game played in small teams of 4 (an action buddy group) for 30 days.
- Using DA tools, teams work together to earn recovery points, one day at a time, for 4 weeks.
- The team with the most “recovery points” after 30 days wins!
- **Newcomers** are encouraged to attend. **Old timers** will give their recovery a great boost.
- **Are you under-earning and in debt?** Join us to find support, direction and relief using 4 simple DA tools.
- **Are you preparing for a Pressure Relief Group meeting?** (PRG) Is your current PRG actions list collecting dust? This workshop is definitely for you!
- **Register now!** Space is limited to the first 500 people.
- Honor yourself and your recovery by **arriving early and staying until the end.**

**Register now using this link:** <https://forms.gle/ABycX2TgAbzeBT3b6>

**Suggested Donation: \$12**

No one turned away for lack of funds.

Brought to you by the So Cal DA Special Events Coordinator Kathy H.

[events@socalda.org](mailto:events@socalda.org)

## **UPCOMING WORKSHOPS**

### **SEPTEMBER**

September 14th Spiritual Marketing and Social Media from 1-3 PM PT

September 28th Business Plans the DA Way from 1-3PM PT

### **OCTOBER**

October 26th DOUBLE HEADER

Spending Plan 101 11:00-1:00 PM

Spending Plan 1-3 PM

Registration Details will be available on the Socalda.org website

GSR Fundraiser Workshop August 4th, see details below



### **Intergroup General Announcements**

**The Tools Game** is looking for volunteers to help with breakout rooms and zoom security. It's a one hour time commitment.

please contact Kathy H. at [events@socalda.org](mailto:events@socalda.org)

### **Intergroup Reps - Spread the Word**

Checks and Balances, the Social DA Newsletter is now available.

To subscribe go to the [socalda.org](http://socalda.org) website main page and click on the link

[Click here to sign up for our monthly newsletter](#)



## Open Position: SoCalDA Intergroup Workshop Chair

Beginning July 1, the SoCalDA Intergroup will have an open position for a second workshop chair. Let us know if you're interested in the service commitment or would like more information.

You can reply to this email or contact the SoCalDA Intergroup Chair Sally:  
[sunnysal56@yahoo.com](mailto:sunnysal56@yahoo.com)

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## SoCalDA Bylaws Revision Meeting

Come and be of service to SCDA Intergroup by revising its Bylaws! Attend the SCDA Bylaws Revision Meeting – all members of SCDA regardless of time in the program are welcome!

**Saturday, August 3, 2024**  
**2:00 PM – 3:00 PM Pacific Time**

Access to Bylaws on SCDA Website: <https://socalda.org/bylaws/>

Check Socalda.org for new Zoom Information

Contact Lynda at (323) 683-2053 – [Lyndarosela@aol.com](mailto:Lyndarosela@aol.com) for questions



## GSR Regional Area Group (RAG)

Kim H of the WSC would like to have contact with the GSRs for as many SoCalIDA Intergroup meetings as possible.

Please add your meeting's Group Service Rep to the SoCalIDA GSR roster contact by contacting:

(206) 310-7704 via text or

[blacknprosperous1z@gmail.com](mailto:blacknprosperous1z@gmail.com)

### **GSR FUNDRAISER**

A Workshop Presented by Oceanbeachda.org

**Sunday, Aug 4th, 1-3pm PST/4-6 EST**

OPEN - EVERYONE is welcome - All 12-Steppers, their Spouses or Partners

[https://us02web.zoom.us/j/6161498468?](https://us02web.zoom.us/j/6161498468?pwd=dk1QdFBQSG11d2ZEcEUyWDIzWjhZz09)

[pwd=dk1QdFBQSG11d2ZEcEUyWDIzWjhZz09](https://us02web.zoom.us/j/6161498468?pwd=dk1QdFBQSG11d2ZEcEUyWDIzWjhZz09)

ID: 616 149 8468

Password: 12Steps

Suggested Contribution \$10. Fundraiser to send our GSR to the WSC, however, no one will be turned away for lack of funds.





## Looking for Auditors

The SoCalDA Treasurer would like an experienced member of the SoCalDA to help look over the books of the Intergroup. This would be a roughly two hour commitment.

For service requirements, please contact Jen A: [jla12step@gmail.com](mailto:jla12step@gmail.com)

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Have a story you'd like to share? Art related to your recovery? Cartoons, jokes, prayers?  
We welcome your submissions for future newsletters!

Submit

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## Need help from the SoCalDA Intergroup?

You can always contact your meeting's Intergroup rep. If you'd like to communicate with a member of the service board, you can visit our website: <https://socalda.org/contacts/>

**With Love and Gratitude**

**-Ethan**

**Publications Chair**

**[publications@socalda.org](mailto:publications@socalda.org)**

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Donate to SoCalDA



Donate to SoCalIDA GSR Regional Area Group (RAG)

Debtors Anonymous World Service Announcements

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