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Greetings, Fellow Debtor!

Welcome to the August 2024 SoCal DA Newsletter. Lots of gratitude to fellow debtor Zeborah for stepping up last month. As we roll along towards the fall, there's lots of exciting developments for SoCalDA and DA in general in the coming months.

As always, please encourage your fellow debtors at meetings to subscribe, and contact the Intergroup or your meetings' IGR with any questions.

You can also print out this newsletter to provide at the literature table at in person meetings. This month's newsletter as well as last month's will soon be available for download at <https://socalda.org/checks-balances/>.

News this Month

We Want Your Recovery Voice

Please see the below flyer for our call for diverse voices from our fellowship. Contact publicinfo@socalda.org to share your stories and ask any questions.



Your Recovery Voices Matter!

(BIPOC, LGBTQ+, indigenous people, immigrants, people with physical and intellectual disabilities, diverse religious/spiritual backgrounds, etc.)



Diversity and Representation

SCDA is seeking stories written by debtors of diverse backgrounds that uplift and better represent our experience, strength and hope across the fellowship.

Relatable/Empowering Stories

SCDA is looking for diverse stories that are relatable and empowering. Your recovery provides support to our new and existing DA/BDA members that often don't see themselves represented in these spaces.



DA Recovery Story Submissions

Written submissions of your recovery story are needed to continue making inclusive features in our future Checks and Balances publications and/or to be highlighted on the SCDA website (www.socalda.org).

Submission Information and Details

Submissions should be between 500-1,500 words. Send your recovery story submission via email to publicinfo@socalda.org. Your work will be carefully reviewed and considered by a representative(s) of the subcommittee. You will be notified via email if your submission is selected. Please allow 3-4 weeks for us to review all submissions. We are also looking for DA members of diverse backgrounds to review the submissions prior to publication.

We wish you a thriving recovery on this journey!

"Whatever your story, you are welcome in Debtors Anonymous. In D.A., we celebrate the rich, diverse experiences of people of all identities. We embrace members of any race, ethnicity, nationality, gender, sexual orientation, age, physical or mental ability, socioeconomic status, religious, spiritual, or philosophical expression, or any other trait. Our various experiences benefit our recovery, so we encourage all members to value differences and actively participate in making D.A. an inclusive fellowship. Together, we create accessible and welcoming spaces for anyone with the desire to stop incurring debt, so that we may all recover one day at a time."

- Inclusivity Statement, 2022 Debtors Anonymous Manual of Service

Upcoming Workshops

Please see the below flyers for workshops coming up in September and October. You can find links and a complete workshop calendar information at

<https://socialda.org/category/calendar/>.

SOCALDA *Workshops* Presents:

“Spiritual Marketing”

Presenter: Joe H.

Hosted by: Anne Marie

Open to the world community via Zoom

Saturday, September 14, 2024

1:00 pm - 3pm.

(Pacific Time Zone)

Register now using this link: <https://forms.gle/vZwjMXF8MCdmJKqUA>

Workshop Using The Steps

- Come together to not do it alone.
- Hear from fellows in recovery the Tools of Business Debtor's Anonymous that have been helpful and effective.
- Write a short inventory of your assets in a group session.
- Practice the art of claiming your value without disclaiming yourself!
- Write a letter of support to yourself.
- Comedy session about how others are just supposed to “know we are talented and have lots to offer.”
- Learn to prepare for a unique Pressure Relief Meeting specifically for Marketing.
- Register now! Space is limited to the first 500 people.
- Honor yourself and your recovery by arriving early and staying until the end.

Register now using this link: <https://forms.gle/vZwjMXF8MCdmJKqUA>

Suggested Donation: \$12

No one turned away for lack of funds.

Brought to you by LAWorkshops@SoCalDA.org

SOCALDA Workshops Presents:

“Business Plans the DA WAY”

Presenter: Panel of Experienced and Successful BDA fellows

Hosted by: Anne Marie

Open to the world community via Zoom

Saturday, September 28, 2024

1:00 pm - 3pm.

(Pacific Time Zone)

Register now using this link: <https://forms.gle/Hfk4V8AQyZaJtWn26>

Workshop Using The Steps

- Come together to not do it alone.
- Hear from BDA fellows how they developed their business plans -Dos and Don'ts the DA Way
- Break out Groups on getting started writing your business plan
- Get questions answered about your business plans.
- Review and answer questions DA Business Plan Flyer
- Register now! Space is limited to the first 500 people.
- Honor yourself and your recovery by arriving early and staying until the end.

Register now using this link: <https://forms.gle/Hfk4V8AQyZaJtWn26>

Suggested Donation: \$12

No one turned away for lack of funds.

Brought to you by LAWorkshops@SoCalDA.org

SCDA Workshop

CASH FLOW TRACKING WORKSHOP

Spending Plan 201

*How to spend with serenity and clarity
every day of the month*

Saturday October 26th, 2024

Registration 12:45 pm

Workshop 1:00 – 3:00 pm

Presenters: Jeff H. and Pat M.

Register now using this link: <https://forms.gle/sbuZ7Ddy5nCVftDz5>

Some debtors and underearners suffer from an illusion of scarcity that results from vagueness. Worrying that you'll run out of money before the end of the month is really stressful. This workshop will help you spend from clarity and serenity.

Spending plans are great – but **they aren't designed to tell you how much cash you have available today** for groceries, fun, gas, and other frequently recurring expenses.

In this workshop you'll learn how to use excel to see your "current cash position" with clarity -- whether today is the 1st day of the month -- or the 21st -- or the 31st

You'll get the most out of this workshop if you:

- Know how to use formulas in excel
- Have a google-enabled email account
- Have a spending plan
- Have three months or more of expenses records
- Use a laptop or a desktop computer (handheld screens are too small)

Register now using this link: <https://forms.gle/sbuZ7Ddy5nCVftDz5>

Suggested Donation: \$12

No one turned away for lack of funds.

Brought to you by the So Cal DA LA Workshop Chair Anne Marie D. events@SoCalDA.org

This workshop located on :

ZOOM



Open Position: SoCalDA Intergroup Workshop Chair

The SoCalDA Intergroup has an open position for a second workshop chair. Let us know if you're interested in the service commitment or would like more information.

You can reply to this email or contact the SoCalDA Intergroup Chair Sally:
sunnysal56@yahoo.com



SoCalDA Bylaws Revision Meeting

Come and be of service to SCDA Intergroup by revising its bylaws! Attend the SCDA Bylaws Revision Meeting – all members of SCDA regardless of time in the program are welcome!

**Saturday, September 7, 2024
2:00 PM–3:00 PM Pacific Time**

Access to Bylaws on SCDA Website: <https://socalda.org/bylaws/>

Zoom Info:

[https://us02web.zoom.us/j/4275259640?
pwd=SUIKUEZEUFZy2tEa1p6R0Q5bTBBDz09&omn=83424432190](https://us02web.zoom.us/j/4275259640?pwd=SUIKUEZEUFZy2tEa1p6R0Q5bTBBDz09&omn=83424432190)

Contact Lynda at (323) 683-2053 – Lyndarosela@aol.com for questions



Suggested Contributions

The Fourth Tradition of Debtors Anonymous states, “Each group should be autonomous except in matters affecting other groups or D.A. as a whole.”

We often suggest the following distribution of donations to the 7th Tradition after fulfilling your meeting’s monthly expenses:

- 45% to SoCalDA Intergroup
- 45% to D.A. General Service Office
- 10% to SoCal GSR Regional Area Group

This is *not* required, and entirely up to your meeting’s group conscience. But these donations can assist and provide abundance to our fellowship at large. Consider bringing up in your next business meeting!

DA World Service Follow-Up

The 38th Annual Debtors Anonymous World Service Conference was held earlier this month in Canada. Your meeting’s GSR should be updating you soon on the outcome of the conference.

In the meantime, there are several recordings and recovery stories will soon be available to all fellows on the debtorsanonymous.org website at the following link:
<https://debtorsanonymous.org/fellowship-services/fellowship-podcasts/>



Have a story you'd like to share? Art related to your recovery? Cartoons, jokes, prayers?
We welcome your submissions for future newsletters!

Submit

Need help from the SoCalDA Intergroup?

You can always contact your meeting's Intergroup rep. If you'd like to communicate with a member of the service board, you can visit our website: <https://socalda.org/contacts/>

With Love and Gratitude

-Ethan

Publications Chair

publications@socalda.org

Donate to SoCalDA

Donate to SoCalDA GSR Regional Area Group (RAG)

Debtors Anonymous World Service Announcements

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