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Greetings, Fellow Debtor!

Welcome to the May 2024 SoCal DA Newsletter. As spring begins to wind down, we wish you a wonderful summer of recovery, solvency, and serenity. As always, please encourage your fellow debtors at meetings to subscribe, and contact the Intergroup with any questions.

News this Month



Hybrid Visions Workshop

Greetings All!

Please join us on May 25th!

Hybrid Visions Workshop

May 25 1:00 PM - 4:00 PM \$15 suggested donation (we'll take more...) St. Matthew's 1111 Town and Country, Unit 16 Orange, CA 92868 (Supplies provided in person.)

Zoom Meeting ID: 848 6119 0886 Zoom Meeting Passcode: freeway (Remote attendees must use their own board, glue, images/words.)

Venmo @smov1 to make your donations.

Sponsored by the Saturday Morning Orange Visions Meeting at 8:30AM

Questions?

Charles N. 562.713.1062 nickandcharles@gmail.com

Hope to see you there!



Visions Retreat Planning Committee 2024

Are you interested in an in person retreat? Please consider joining!!

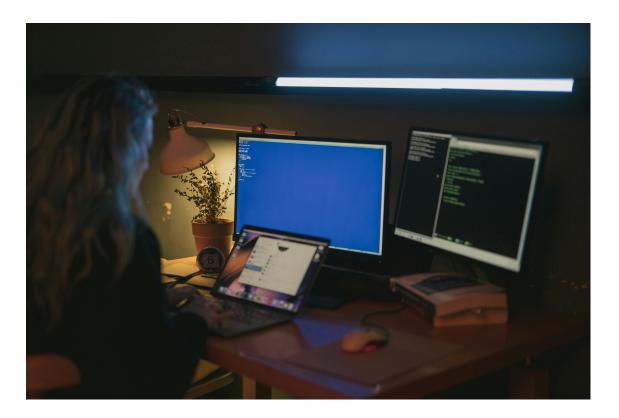
We are looking for:

- Location
- Keynote Speaker
- Workshops

Your service is greatly appreciated!!

Please contact Kathy H at (310) 418-1078

Or <u>events@socalda.org</u>



Tips for Avoiding Zoom Bombers

There have been reports of a resurgence of Zoom bombers at virtual meetings recently. We want to make sure all our fellows and newcomers feel safe in their recovery. Here are some tips on combating Zoom bombing from our trusted fellow and new SoCalDA workshop chair Anne Marie:

Here are several reminders on how to keep your zoom rooms safe. Review these with your meeting and get a group conscious on which precautions your meeting wants to put in place.

- 1. Use the waiting room feature. Make sure all people identify themselves.
- 2. Only allow host to Screen Share
- 3. Use mute participants on entry
- 4. Make sure Removed participants can't rejoin
- 5. Lock meeting once everyone is there.
- 6. Set video to off when participants to join this gives you a few extra seconds to identify uninvited guests.
- 7. Disable chat for all.

"The DA Tools Game"

Presenter: Chris M. Hosted by: Kathy H. Open to the world community via Zoom on:

Saturday, July 27th, 2024

11:00am - 3pm. (Pacific Time Zone)

Register now using this link: <u>https://forms.gle/ABycX2TgAbzeBT3b6</u>

• This is a fun, recovery game played in small teams of 4 (an action buddy group) for 30 days.

• Using DA tools, teams work together to earn recovery points, one day at a time, for 4 weeks.

• The team with the most "recovery points" after 30 days wins!

• Newcomers are encouraged to attend. Old timers will give their recovery a great boost.

• Are you under-earning and in debt? Join us to find support, direction and relief using 4 simple DA tools.

• Are you preparing for a Pressure Relief Group meeting? (PRG) Is your current PRG actions list collecting dust? This workshop is definitely for you!

• **Register now!** Space is limited to the first 500 people.

• Honor yourself and your recovery by arriving early and staying until the end.

Register now using this link: <u>https://forms.gle/ABycX2TgAbzeBT3b6</u>

Suggested Donation: \$12

No one turned away for lack of funds. Brought to you by the So Cal DA Special Events Coordinator Kathy H. <u>events@socalda.org</u>



Speaker and Resources List

Need a list of potential speakers, sponsors, or PRG givers? SoCalDA's Resources Chair is compiling a list for the entire intergroup. For more information or access to the list, please contact the SoCalDA Resources Chair La Vay: <u>lavayullie@gmail.com</u> or 213-858-3591



Have a story you'd like to share? Art related to your recovery? Cartoons, jokes, prayers? We welcome your submissions for future newsletters!



Need help from the SoCalDA Intergroup?

You can always contact your meeting's Intergroup rep. If you'd like to communicate with a member of the service board, you can <u>visit our website</u>.

With Love and Gratitude

-Ethan Publications Chair

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