



Dec. 2021

# CHECKS & BALANCES

## The Newsletter of Southern California Debtors Anonymous

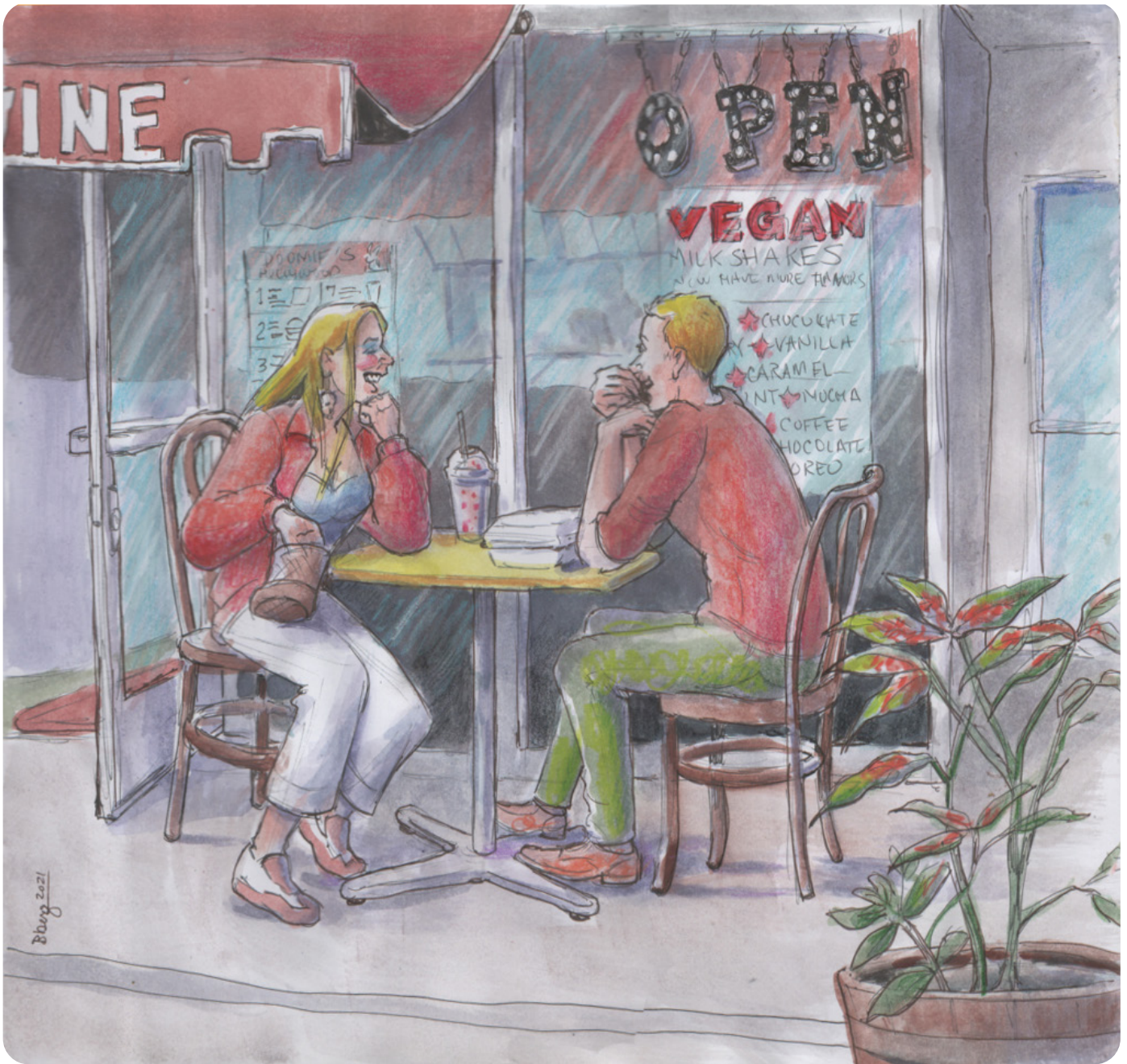
Our primary purpose is to stop debting one day at a time and help other compulsive debtors to stop incurring unsecured debt



### UNITY CHURCH

Visiting a friend out of state and  
recording a meeting of his spiritual family  
sharing some fellowship -  
I let myself be included and connected.

-Sue B. (Hollywood, CA)



### DOOMIES

Prosperity, to me,  
means I get to enjoy things  
like eating out  
as part of my spending plan.

-Sue B. (Hollywood, CA)

# welcome DECEMBER!

**STEP 12.**  
HAVING HAD A  
SPIRITUAL  
AWAKENING  
AS THE RESULT  
OF THESE  
STEPS, WE  
TRIED TO  
CARRY THIS  
MESSAGE TO  
COMPULSIVE  
DEBTORS, AND TO  
PRACTICE THESE  
PRINCIPLES  
IN ALL OUR  
AFFAIRS.

TOOL 12.  
ANONYMITY  
WE PRACTICE  
ANONYMITY,  
WHICH  
ALLOWS US  
FREEDOM OF  
EXPRESSION  
BY ASSURING  
US THAT  
WHAT WE  
SAY AT  
MEETINGS  
OR TO  
OTHER DA  
MEMBERS  
AT ANY  
TIME WILL  
NOT BE  
REPEATED

TRADITION 12.  
ANONYMITY  
IS THE SPIRITUAL  
FOUNDATION  
OF ALL OUR  
TRADITIONS,  
EVER REMINDING  
US TO PLACE  
PRINCIPLES  
BEFORE  
PERSONALITIES.

PROMISE  
12. WE WILL  
RECOGNIZE  
A POWER  
GREATER THAN  
OURSELVES  
AS THE SOURCE  
OF OUR  
ABUNDANCE.  
WE WILL  
ASK FOR  
HELP AND  
GUIDANCE  
AND HAVE  
FAITH THAT  
IT WILL COME.

Graphic/art by: Marina M

Online meetings practically  
24/7.  
You can drop in on meetings  
anywhere in the world.  
Links right on the home page:  
[socalDA.org](http://socalDA.org)

## Twelve Step Results

God you have shown me the way to  
a spiritual awakening,  
and I have found peace, humility and clarity.

God you have shown me the need to  
carry this message of recovery to others,  
that they may see these possibilities in their lives.

God you have shown me the wonder of  
practicing these principles in all parts of my life,  
the result of this is miraculous.

God you have shown me all of these things,  
help me to use all that you have shown me,  
one day at a time.

Blessings.

<http://www.datig.net/documents/monthly-prayer-december.pdf>

## Gratitude Corner

The Power of PRG Workshop 11.13.2021

Thank you for the fellowship of 58 attendees ...  
for making this workshop  
a spiritual collaboration of recovery.

Special thanks to the brilliant Anne Marie for  
leading and being an amazing light and  
messenger in this workshop

and to the supporting crew and panel :  
Sarah K . | Kim H | Tom K |  
Sara S | Nancy | Sarah Dances

Visit us again when The Power of PRG Workshop  
returns in 2022

Of love and light,

Alexander, Burbank/LA Workshop Chair

Subscribe  
to Checks & Balances? Email  
[admin@socalDA.org](mailto:admin@socalDA.org) to be put on the  
email blast list with a link to

## ACTION GROUPS

Declutter and Work at Home the DA Way on Zoom!.

Work at home in the company of other DA members.

Mondays 9:00 a.m. - 11:00 a.m. Zoom ID: 891 8553 7163 Password: gr8rewards

Thursdays 9:00 a.m. - 12:00 p.m. Zoom ID: 892 6286 5328 Password: Action

# IMPORTANT ANNOUNCEMENTS

## Please share with all your meetings

### DECEMBER CALENDAR

Happy Holidays!

Wishing you a wonderful, healthy & solvent Holiday Season!

Saturday, November 27

SoCal DA Newcomers

DA Newcomer's Orientation Learn more about the DA program and how it works in this 60 minute introduction intended for newcomers or returning friends.

Workshop: 4p.m. - 5p.m. Zoom ID: 811 6512 7592

Saturday, December 11

SoCal DA Service Board & Intergroup

Service Board Meeting (9:00 a.m. -10:30 a.m.) & Intergroup meeting (11:00 a.m.-12:30 p.m.) with DA representatives from all over Southern California. Learn what is going on at the regional level!

Virtual meeting to be held over Zoom. Meeting ID will be posted on the SoCalDA website.

All are welcome to participate, only Service Board Members and Intergroup Reps can vote.

Sunday, December 12

Sacramento DA Intergroup

12 Traditions 12 Speakers The Sacramento Debtors Anonymous Intergroup members share their  
• experience • strength • hope •on the 12 traditions of DA

Each speaker will share on a Tradition for up to 10 minutes with additional time for participant sharing.

Among the year's season of celebrations and traditions, join your DA Fellows in celebrating our traditions.

“While the 12 Steps are the fellowships guide for personal growth, the Traditions allow the fellowship to operate along Spiritual lines and group harmony for the benefit of all, especially the newcomer.”

Suggested donation \$10 No one turned away for lack of funds.

Workshop: 9:00 a.m. - 12:00 p.m. Zoom ID 828.2763.8423 PW: traditions

Saturday, December 25

SoCal DA Newcomers

DA Newcomer's Orientation Learn more about the DA program and how it works in this 60 minute introduction intended for newcomers or returning friends.

Workshop: 4p.m. - 5p.m. Zoom ID: 811 6512 7592

# RESOURCES

During this difficult time, here are some great links to help you stay in touch with members around the world. Sign up for emails and check out podcasts, phone meetings and other resources

List of SoCal DA workshops/events <http://socalda.org/events/>

Speaker MP3 Podcasts Available at: <http://socalda.org/category/podcast/> Get inspired.

## Meeting List on the SoCal DA WEBSITE

Find pre-sorted meetings available by Time (morning, afternoon & evening) and by Day (Mon, Tue, Wed...), as well as a downloadable PDF of the current month's meeting grid. Check it out at <http://socalda.org/meetings/?tsml-day=any>

## Phone & Internet Meetings

Phone meetings are linked here:

<http://socalda.org/phone-meetings/>

Internet/Virtual meetings are linked here: [virtual-meeting-guide-link](#)

## Resources

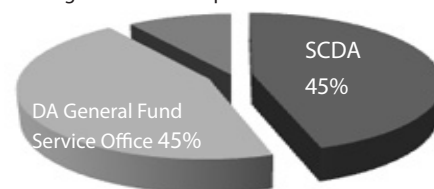
Intergroup maintains a resources list, updated regularly. Members who wish to add themselves as speakers, or sponsors, or will take outreach calls, or give PRG's, please send email requests to [resource@socalda.org](mailto:resource@socalda.org). Need someone for a PRG? Check out the list. Your Intergroup Rep should have one, or email Tom K [resources@socalda.org](mailto:resources@socalda.org)

## Regional Area Group (RAG) of World Service Representatives

The Southern California Region of World Service meets monthly. General Service Representatives (GSRs) elected from each Debtors Anonymous group coordinate service for the international fellowship of Debtors Anonymous. Monthly meetings of the Southern California GSRs take place on the fourth Saturday of each month at 10:15 a.m. Join Zoom Meeting

### Suggested 7th Tradition Breakdown:

GSR Regional Area Group



After all expenses (such as rent, literature, coffee, etc.) are met and a prudent reserve is built and maintained, please donate:

**45% SCDA**  
PO Box 4596  
Culver City, CA 90231

**45% D.A. General Service Office**  
P.O. Box 920888  
Needham, MA 02492-0009

**10% SoCal GSR Regional Area Group**  
P.O. Box 642091  
Los Angeles, CA 90064-7091

**DONATIONS** Each meeting is autonomous, and undoubtedly donations will be down as we shelter in place and meet from home. Each meeting should decide whether to open accounts with venmo or another payment form so that online participants can contribute.

eNEWS! Sign up to receive special announcements from D.A. here: [www.debtorsanonymous.org/eNews](http://www.debtorsanonymous.org/eNews)

### NEW TO DEBTORS ANONYMOUS?

Are you struggling with money and debt? Do you think you may be a compulsive debtor? Then you have come to the right place. Debtors Anonymous can help you. We offer face-to-face, telephone, and virtual meetings,

We suggest attending at least six meetings to have an opportunity to identify with the speakers and become familiar with D.A. before deciding whether or not this program is for you. If you identify with some or all aspects of compulsive debting, we hope you will join us on the path of recovery and find the joy, clarity, and serenity that we have found in Debtors Anonymous.

## YOUR SoCal DA SERVICE BOARD

Chair	David M	chair@socalda.org
Vice-Chair Office Ops	Annie B.	vicechair@socalda.org
Treasurer	Heidi T.	treasurer@socalda.org
Secretary	Amy G.	secretary@socalda.org
Resources	Tom K	resource@socalda.org
Meeting Liaison	Amy L	meetings@socalda.org
Programs/Workshops Burbank	Alexander	burbankworkshops@socalda.org
Programs/Workshops Los Angeles	Alexander	laworkshops@socalda.org
Publications	Grace L.	publications@socalda.org
Special Events	Kathy H.	events@socalda.org
Public Information	Peter S.	pi@socalda.org
At Large 1	Terhys	atlarge1@socalda.org
ISR	Jerome	igservicerep@socalda.org
Outreach	Sally Z	562-450-DEBT (3328)
Literature	Annie B.	vicechair@socalda.org
Parliamentarian	Lynda L.	

The governing body of SCDA is the Intergroup. Each meeting is urged to send a representative to the Intergroup meeting, the third Saturday of each month. Currently these meetings are being held on the Internet, via zoom.com. The Service Board exists to carry out the policies determined by the Intergroup. The Service Board is also responsible for maintaining the nonprofit. The Service Board requires a quorum of 8 members to be present. Without a quorum, the Service Board cannot carry out its functions. Therefore it is very important that members support a full Service Board of 12 and that those on the Board are committed to being present at meetings. Duties on the Service Board are generally not burdensome and we are all aware that we are recovering debtors and try to treat each other with understanding and love.

## VACANT SERVICE POSITIONS

If you are interested in performing SoCal DA Board Service, please contact David M. at [chair@socalda.org](mailto:chair@socalda.org).

## DA Tool #11 Service

We perform service at every level:  
personal, meeting, Intergroup, and  
World Service.

Service is vital to our recovery.  
Only through service can we give to others  
what so generously has been given to us.



Photo Cred:  
Grace L.

## Checks & Balances and Website

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Webmaster:	Benno	admin@socalda.org

**SUBMIT YOUR VISION BOARD, STORIES, POEMS AND ARTWORK** to be included in the Checks & Balances via e-mail to: [publications@socalda.org](mailto:publications@socalda.org). Share your experience, strength and hope! We accept DA recovery stories up to 1000 words.

All submissions are subject to editing for brevity and clarity. Copyright remains with the author, but Debtors Anonymous may have unrestricted use of the submission to help the debtor who still suffers. Opinions expressed in this newsletter are those of individual DA members. They do not reflect the thinking of DA as a whole, or SCDA, or the GSR Area Group.