



July 2020

# CHECKS & BALANCES

## The Newsletter of Southern California Debtors Anonymous

Our primary purpose is to stop debting one day at a time and help other compulsive debtors to stop incurring unsecured debt



### A Note of Gratitude'

We had an amazing turnout for our annual DoDA fundraiser/workshop.

Thank you to all who attended. Special thanks to our panel of inspiring speakers: Brandon, Heather, Liz and Faith, with a combined total of 65 years in recovery.

In service,  
Lita, Chair Special Events

### Letter from Your Grateful Editors...

We want to acknowledge all that is occurring in our world. There is a lot of loneliness, loss, sadness, grief and discord. Paradoxically it is also a time of hope and possibility. And always adversity is a chance to reconnect with our Higher Power. In DA we find a faith that works. As the Big Book says,

All [wo]men of faith have courage. They trust their God.

And as Charlie Brown said,

Adversity is good for you. It prepares you for more adversity.

As recovering debtors, we try to remember that acceptance is the key to spiritual progress. Sometimes it's a tall order. But take a look at the D.A. Promises: the program does not guarantee smooth sailing for the rest of our lives. Rather we have been given tools to accept life on life terms:

"We will recognize a Power Greater than ourselves as the source of our abundance. We will ask for help and guidance and have faith that it will come."

We are grateful to be serving the Fellowship in this small way and contribute to unity of our S.C.D.A.

We reach out to fellow D.A. members for support and to offer support. It's one of our greatest tools of the program; phone calls and meetings. Now that our meetings are virtual, it makes accessibility so easy any time of day, any day of the week.

In love and service,  
Vickie & Grace

**Online meetings practically 24/7. You can drop in on meetings anywhere in the world. Links right on the home page: [socialDA.org](http://socialDA.org)**

Subscribe  
to Checks & Balances? Email  
[admin@socialDA.org](mailto:admin@socialDA.org) to be put on the email  
blast list with a link to each new issue.

# IMPORTANT ANNOUNCEMENTS

## Please share with all your meetings

### JULY CALENDAR

**Saturday June 27**

**Burbank Workshop**

**Bullet Proof Abundance** Learn how access and trust your infinite source of creativity. No matter what your career path, you ARE a creative being. Understanding that God is your source rather than your boss or your clients is the first step. The external world's circumstances is not to be confused with Your Truth. Suggested Donation: \$12 No one turned away for lack of funds. venmo | @Alexander-AD Contact Alexander: burbankworkshops@socalda.org Registration 12:45 pm Workshop 1:00 – 4:00 pm ZOOM ID 447 695 7824

**Mondays June 29, July 6, 13, 20, 27**

**Los Angeles Workshops**

**Declutter and Work at Home the DA Way on Zoom!** Work at home in the company of other DA members on Zoom. Workshop begins at 9 a.m., ends at 11. Zoom meeting ID 437 623 459. Host: Sarah. Contact lawworkshops@socalda.org

**Thursdays July 2, 9, 16, 23, 30**

**Los Angeles Workshops**

**Declutter and Work at Home the DA Way on Zoom!** Work at home in the company of other DA members on Zoom. Workshop begins at 9 a.m., ends at 11. Zoom meeting ID 990 4379 1384. Host: Lauren. Contact mcorzo@mac.com

**Saturday July 11**

**Burbank Workshop**

**The DA Tools Game: PART 2!!** This workshop is open to EVERYONE in DA! A great sequel for anyone who's ever played, no matter how many times. Want to join a DA Tools Game Team? This is the place! Suggested Donation: \$12 No one turned away for lack of funds. venmo | @Alexander-AD Contact Alexander: burbankworkshops@socalda.org Registration 12:45 pm Workshop 1:00 – 4:00 pm ZOOM ID ID 447 695 7824

**Saturday July 18**

**SoCal DA Service Board & Intergroup**

**Service Board Meeting** (9:00am -10:30am) & Intergroup meeting (11am-12:30pm) with DA representatives from all over Southern California. Learn what is going on at the regional level! Virtual meeting to be held over Zoom. Meeting ID will be posted on the SoCalDA website. All are welcome to participate, only Service Board Members and Intergroup Reps can vote.

**Saturday July 25**

**Los Angeles Workshop**

**Vision Board Workshop** Presenter: Sally Z. "If you have a vision in your heart, trust that your Higher Power put it there." Nourish and develop your vision from home. You will have to collect and print out images and get supplies to make your board. Contact Sally for suggestions. 213.675.5222. Suggested Donation: \$12 No one turned away for lack of funds. Registration 12:45 pm Workshop 1:00 – 4:00 pm ZOOM ID posted later.



The annual **Visions Retreat** will be held the weekend of September 11. The retreat will be held virtually this year. More details to follow

# RESOURCES

During this difficult time, here are some great links to help you stay in touch with members around the world. Sign up for emails and check out podcasts, phone meetings and other resources

**List of SoCal DA workshops/events** <http://socalda.org/events/>

**Speaker MP3 Podcasts Available at:** <http://socalda.org/category/podcast/> Get inspired.

## Meeting List on the SoCal DA WEBSITE

Find pre-sorted meetings available by Time (morning, afternoon & evening) and by Day (Mon, Tue, Wed...), as well as a downloadable PDF of the current month's meeting grid. Check it out at <http://socalda.org/meetings/?tsml-day=any>

## Phone & Internet Meetings

Phone meetings are linked here: <http://socalda.org/phone-meetings/>

Internet/Virtual meetings are linked here: [virtual-meeting-guide-link](#)

## Resources

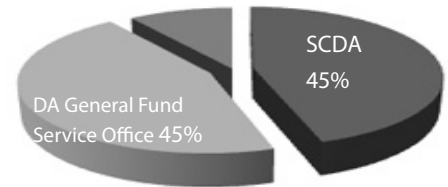
Intergroup maintains a resources list, updated regularly. Members who wish to add themselves as speakers, or sponsors, or will take outreach calls, or give PRG's, please send email requests to [resource@socalda.org](mailto:resource@socalda.org). Need someone for a PRG? Check out the list. Your Intergroup Rep should have one, or email Tom K [resources@socalda.org](mailto:resources@socalda.org)

## Regional Area Group (RAG) of World Service Representatives

The Southern California Region of World Service meets monthly. General Service Representatives (GSRs) elected from each Debtors Anonymous group coordinate service for the international fellowship of Debtors Anonymous. Monthly meetings of the Southern California GSRs take place on the fourth Saturday of each month at 10:15 a.m. Join Zoom Meeting

### Suggested 7th Tradition Breakdown:

GSR Regional Area Group



After all expenses (such as rent, literature, coffee, etc.) are met and a prudent reserve is built and maintained, please donate:

45% SCDA  
PO Box 4596  
Culver City, CA 90231

45% D.A. General Service Office  
P.O. Box 920888  
Needham, MA 02492-0009

10% SoCal GSR Regional Area Group  
P.O. Box 642091  
Los Angeles, CA 90064-7091

**DONATIONS** Each meeting is autonomous, and undoubtedly donations will be down as we shelter in place and meet from home. Each meeting should decide whether to open accounts with venmo or another payment form so that online participants can contribute.

**eNEWS!** Sign up to receive special announcements from D.A. here: [www.debtorsanonymous.org/eNews](http://www.debtorsanonymous.org/eNews)

## NEW TO DEBTORS ANONYMOUS?

Are you struggling with money and debt? Do you think you may be a compulsive debtor? Then you have come to the right place. Debtors Anonymous can help you. We offer face-to-face, telephone, and virtual meetings,

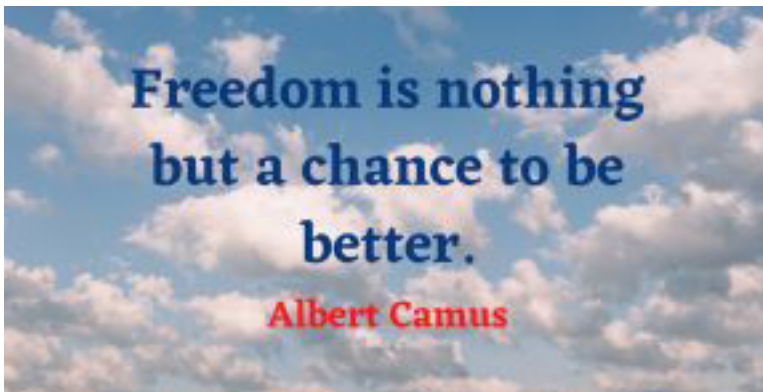
We suggest attending at least six meetings to have an opportunity to identify with the speakers and become familiar with D.A. before deciding whether or not this program is for you. If you identify with some or all aspects of compulsive debting, we hope you will join us on the path of recovery and find the joy, clarity, and serenity that we have found in Debtors Anonymous.

## SCDA Service Board Members

Chair	David M	chair@socalda.org
Vice-Chair Office Ops	OPEN	vicechair@socalda.org
Treasurer	Gigi	treasurer@socalda.org
Secretary	OPEN.	secretary@socalda.org
Resources	Tom K	resource@socalda.org
Meeting Liaison	Amy L	meetings@socalda.org
Programs/Workshops Burbank	Alexander	burbankworkshops@socalda.org
Programs/Workshops Los Angeles	Sarah S	laworkshops@socalda.org
Publications	Vickie	publications@socalda.org
Special Events	Lita	events@socalda.org
Public Information	Kish	pi@socalda.org
At Large 1	Sally Z	atlarge1@socalda.org
ISR	Jerome	igservicerep@socalda.org
Outreach	Sally Z	562-450-DEBT (3328)
Literature	OPEN-	vicechair@socalda.org
Parliamentarian	Harvey	

The governing body of SCDA is the Intergroup. Each meeting is urged to send a representative to the Intergroup meeting, the third Saturday of each month. Currently these meetings are being held on the Internet, via zoom.com. The Service Board exists to carry out the policies determined by the Intergroup. The Service Board is also responsible for maintaining the nonprofit.

The Service Board requires a quorum of 8 members to be present. Without a quorum, the Service Board cannot carry out its functions. Therefore it is very important that members support a full Service Board of 12 and that those on the Board are committed to being present at meetings. Duties on the Service Board are generally not burdensome and we are all aware that we are recovering debtors and try to treat each other with understanding and love.



## VACANT SERVICE POSITIONS

**Vice Chair/Operations** - Supervises special workers. In charge of literature, P.O. Box, and serves on audit committee. Fills in for chair. This is an important and responsible position on the DA Board. Requirements: Not debting for at least 6 months, has worked or is working the steps, and has sponsor

**Literature** - This is a paid special worker position, not part of the Service Board. Currently literature distribution is suspended. However, when we resume, the literature person will attend in-person Intergroup meetings and fill both in-person and mail literature orders. This position comes with a small stipend.

### ONE AT A TIME...

Thank you God,  
I only need to be in one moment at a time,  
for that is all I can manage right now.  
Thank you God,  
I only need to take one action at a time,  
for that is all I can do right now.  
Thank you God,  
I only need to love one day at a time,  
for that is all I can think about right now.  
Thank you God,  
for being with me, in this moment,  
taking this action, and on this day.  
Blessings

Source: DA Telephone Intergroup  
<http://www.datig.net/monthly-prayers.html>

### Checks & Balances and Website

Editor & Creative Director:	Vickie D	Co-Editor: Grace L.	publications@socalda.org
Meeting List Editor:	Amy L.		meetings@socalda.org
Webmaster:	Benno		admin@socalda.org

**SUBMIT YOUR VISION BOARD, STORIES, POEMS AND ARTWORK** to be included in the Checks & Balances via e-mail to: publications@socalda.org. Share your experience, strength and hope! We accept DA recovery stories up to 1000 words.

All submissions are subject to editing for brevity and clarity. Copyright remains with the author, but Debtors Anonymous may have unrestricted use of the submission to help the debtor who still suffers. Opinions expressed in this newsletter are those of individual DA members. They do not reflect the thinking of DA as a whole, or SCDA, or the GSR Area Group.

# 34th Annual Debtors Anonymous World Service Conference

*“Trusting our Traditions”*

Saturday, August 8, 2020

Sunday, August 9, 2020

Saturday, August 15, 2020

Sunday, August 16, 2020

**A Virtual Conference**

*with logistical support by the New York City Area Host Committee*

## Registration Packet

### **The D.A. World Service Conference**

The World Service Conference (WSC) is the annual business meeting of Debtors Anonymous. It is where General Service Representatives (GSR's), Intergroup Service Representatives (ISR's), and the General Service Board (GSB) Trustees gather to review the state of the D.A. Fellowship, work on topics like new D.A. literature concepts and new outreach methods, and vote on important issues affecting D.A. as a whole. Every registered D.A. group, including Intergroups, may send one representative to the WSC.

This document contains the information delegates need to register for the Conference, and provides information that will help groups prepare for having a representative participate in the virtual Conference.

The 2020 virtual Conference will take place using Zoom videoconferencing technology. Only registered delegates will be able to attend the videoconference. Delegates must have access to a computer, smartphone, or tablet with the latest version of Zoom installed. See Page 4 for more information.